

Villa Espada - Cap Cana, Dominican Republic
Vegetarian Meal Plan Selection
Full Day US$ 54 | Half Day US$ 44

Name:

Villa:

Dates:

Allergies:

The Vegetarian Meal Plan includes a salad, starter, main dish, and side dish based on the menu of the day. Feel free to have a look at the menu items below and talk to the chef.

Prices are per person, per day. Meal plans are only for groups of 6 persons or more, for 3 days or more.
Menu items may change due to local product availability. Meal plans include breakfast. Full day: Breakfast, lunch AND dinner. Half day: Breakfast, lunch OR dinner. Meat and seafood selections depend on the meal plan budget.
All villa guests must choose the same meal plan, except vegetarians. Special requests are subject to the meal plan budget and chef's approval. Outside visitors will be charged for the applicable meal plan during their visit.

~~~~~~~~~~~~~~~~~~~~ DINNER MENU ~~~~~~~~~~~~~~~~~~~~

Salads & Soups - *Choose according to the menu of the group*

Salads & Soups:	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Arugula salad							
Avocado salad							
Greek salad							
Mixed green salad							
Pasta salad							
Quinoa salad							
Bean soup							
Potato cream soup							
Pumpkin soup							
Sweet corn soup							
Tomato cream soup							
Vegetable soup							

Your special request:



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Starters - *Choose according to the menu of the group*

Starters:	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Baked yucca empanadas w/ vegetables							
Black bean quesadillas with cheese							
Bruschetta with tomato, black olives and basil							
Caprese salad							
Classic hummus with toasted pita bread							
Falafel							
Guacamole with chips							
Mixed grilled vegetables with olive oil drizzle							
Nachos with beans, cheese, guacamole							

Your special request:

Main Course - *Choose according to the menu of the group*

Pasta & Rice:	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Moro (Dominican rice w/ pigeon peas)							
Pasta caprese (tomatoes, mozzarella, basil)							
Pasta pesto							
Pasta Pomodoro with fresh basil							
Pasta with alfredo/carbonara sauce, mushrooms)							
Rice & beans							
Rice to your taste							
Risotto w/ wine sauce							
Risotto with mixed mushrooms							
Risotto with tomato							
Veggie stir-fried rice with tofu/beans/chickpeas							
Stir-fry noodles with vegetables, tofu & soy sauce							
Vegetarian spaghetti Bolognese with lentils							

Your special request:



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Meat substitutes:	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Pita or wrap with falafel, lettuce, tomato, etc.							
Tofu dishes							
Veggie burgers							

Your special request:

Potato & vegetable dishes:	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Asparagus							
Baked potatoes							
Eggplant parmesan with pasta on the side							
Flatbread pizza with vegetables and mozarella							
Fried plantains (tostones)							
Grilled Portobello mushrooms							
Grilled vegetables skewers (peppers, eggplant, onions)							
Home fries							
Sautéed vegetables							
Stuffed peppers with tofu/beans, veggies, cheese							
Tacos with tofu/beans/chickpeas and vegetables							

Your special request:

Side Dishes - *Choose according to the menu of the group*

Side dishes:	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Baked potatoes							
French fries							
Rice to your taste							
Sautéed vegetables							

Your special request:



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Desserts - *Choose according to the menu of the group*

Desserts:	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Brownies							
Chocolate covered strawberries & grapes							
Crepes tropical (chef's style)							
Flambé banana							
Fresh berries & fruits of the season							
Fresh fruits of the season							
Ice cream							
Majarete (Dominican desert made from sweet corn)							
Pears in wine							
Pineapple flambé							

Your special request:

Thank you